

Support options can include...

- Overnight respite - at home
- Overnight respite - centre based
- Family holiday with or without support
- Short-term respite (day)
- Short-term respite (evening)
- In-home respite
- Community access
- School holiday support

Talk to us about the type of support you need, to take a much earned break

Have you spoken to your Case Manager or Service Provider about applying to 'Your Choice'



Interpreter service
131 450

Advocacy contact
1800 657 961

Disability and Aged
Information Service
1800 800 340

Commonwealth
Respite & Carelink
Centre
1800 052 222

Supported by:



Human Services
Ageing, Disability & Home Care



PO Box 51
MURWILLUMBAH
NSW 2484
www.tvrs.org.au

Tweed Valley Respite Service Inc.

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Your Choice

Flexible Respite Solutions



A planned
break for
carers

PH : (02) 6672 0900

Your Choice - Flexible Respite Solutions

What is 'Your Choice' - FRS ?

Your Choice - Flexible Respite Solutions is a respite service for people with disabilities and their families/carers who live in the Far North Coast of NSW. 'Your Choice' is funded by Ageing, Disability & Homecare (ADHC), and is auspiced by Tweed Valley Respite Service Inc (TVRS) and Clarence Valley Council (CVC). TVRS coordinates respite to people living in the Tweed and Ballina/Byron Shires. CVC coordinates respite to people living in the Richmond & Clarence Valleys.

Who is Eligible ?

To be eligible for respite services a person must be:

- Aged 0 - 65 years with a disability
- Living on the Far North Coast of NSW
- Living with an unpaid carer, & are reliant on that carer for assistance in daily living

Who Gets Priority ?

Priority of service is determined by the scores gained by completing the Respite Intake & Prioritisation Tool. This form asks questions about such things as:

- Health & Wellbeing
- Caring for others
- Complex care needs of client
- Age of carer
- Amount of services already received
- Families from ATSI or CALD backgrounds
- Risk of caring relationship breaking down

Once these scores are determined, a panel of local service providers will discuss your situation & problem solve solutions including the allocation of funds.

How Do I Apply ?

Applications for respite are received at any time of the year. A Local Respite Coordination Group (LRCG) meeting will be held in your area every two (2) months. A referral for service can be completed by your Service Provider or Case Manager and sent to 'Your Choice'. If you do not have either of these, you can contact the 'Your Choice' Team Leader directly.

When will I find out if I have been successful?

Your Case Manager &/or Service Provider will contact you after the LRCG meeting and discuss the outcomes. This could be an allocated amount of funds or a specific service. If you have been unsuccessful in your application, your application can be reviewed at the following bi-monthly LRCG meeting.

FOR MORE INFORMATION PLEASE CONTACT:

Cathy O'Neill

**Team Leader : 'Your Choice' -
Flexible Respite Solutions**

Tweed Valley Respite Service Inc.

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